Ursuline College

COVID Isolation and Quarantine Protocols

Based on 12-27-21 CDC Guidelines

Effective January 1, 2022

Applies to: Staff, Faculty, Adjunct Faculty and Students

Testing Positive w/w-o Symptoms – Regardless of Vaccination Status:

- A) If you test positive for Covid-19 and HAVE symptoms, you must:
 - 1. Isolate at home for 5 days from onset of symptoms.
 - 2. You can return to campus on day 6 as long as symptoms are resolved, including no fever.
 - 3. If you have a fever, continue to stay home until you are fever-free for 24 hours without having to take fever-reducing medications.
 - 4. When returning to campus, continue to wear a mask as usual on campus plus mask around others (off campus) for 5 additional days.
- B) If you test positive for Covid-19 and <u>DO NOT HAVE</u> symptoms, you must:
 - 1. Isolate at home for 5 days from date of test.
 - 2. You can return to campus on day 6.
 - 3. When returning to campus, continue to wear a mask as usual on campus plus mask around others (off campus) for 5 additional days.

<u>Testing Negative w/Symptoms – Regardless of Vaccination Status:</u>

- 1. If you <u>HAVE</u> symptoms, stay home; you must test as soon as possible.
- 2. If you test negative, you can return to campus on day 6 (after onset of symptoms) as long as your symptoms are resolved, including no fever.
- 3. If you have a fever, continue to stay home until you are fever-free for 24 hours without having to take fever-reducing medications.

Exposure - Vaccinated/Unvaccinated:

- C) If you were exposed (within 6 ft or less for a cumulative of 15 min over a 24 hr period) to someone with Covid-19 and <u>DO NOT HAVE</u> symptoms:
 - and you are boosted OR
 - completed the primary series of Pfizer or Moderna vaccine within the last 6 months OR
 - completed the primary series of J&J vaccine within the last 2 months,
 - 1. You can come to campus but continue to wear a mask as usual on campus plus mask around others (off campus) for 10 additional days from exposure.
 - 2. Test on day 5 from exposure, if possible.
 - 3. If test is positive, follow instructions under section B) above.
- D) If you were exposed (within 6 ft or less for a cumulative of 15 min over a 24 hr period) to someone with Covid-19 and <u>DO NOT HAVE</u> symptoms:
 - but you completed the primary series of Pfizer or Moderna vaccine <u>over</u> 6 months ago and are <u>not</u> boosted OR
 - completed the primary series of J&J <u>over</u> 2 months ago and are <u>not</u> boosted OR
 - are <u>unvaccinated</u>, you must:
 - 1. Stay home for 5 days from date of exposure.
 - 2. Test on day 5 from exposure, if possible.
 - a. if test is negative, you can return to campus on day 6.
 - b. when returning to campus, continue to wear a mask as usual on campus plus mask around others (off campus) for 5 additional days.
 - c. if test is positive, follow instructions under section B) above.
- E) If you were exposed (within 6 ft or less for a cumulative of 15 min over a 24 hr period) to someone with Covid-19 and you HAVE symptoms, regardless of vaccination status:
 - 1. Stay home; you must test as soon as possible.
 - 2. If test is positive, follow instructions under section A) above.
 - 3. If test is negative, you can return to campus on day 6 (after onset of symptoms) as long as your symptoms are resolved, including no fever.
 - 4. If you have a fever, continue to stay home until you are fever-free for 24 hours without having to take fever-reducing medications.

If You Develop Symptoms - Regardless of Vaccination Status:

- 1. If you develop symptoms, stay home; you must test as soon as possible.
- 2. If test is positive, follow instructions under section A) above.
- 3. If test is negative, you can return to campus on day 6 (after onset of symptoms) as long as your symptoms are resolved, including no fever.
- 4. If you have a fever, continue to stay home until you are fever-free for 24 hours without having to take fever-reducing medications.

At-Home Testing:

- 1. If you <u>have</u> symptoms, regardless of vaccination status, stay home; you must test as soon as possible.
- 2. The college will accept results from at-home tests, as long as written verification/picture of test result is sent to the college.
- 3. For the Abbott BinaxNOW at-home tests, download the NAVICA app to your phone and follow instructions to register. This will give you the ability to download your test results and send to the college.
- 4. For other brands of at-home tests, read instructions on how to download results.
- 5. WHERE TO SEND RESULTS:
 - a. Students, send test results to covidhelp@ursuline.edu
 - b. Staff/Faculty/Adjuncts, send test results to kknaus@ursuline.edu